

介绍**Best Practice**

医疗保健专业人员在做诊断和治疗决策时，需要能够快捷地获取最新、可靠的资讯。这正是 *Best Practice*所提供的。

*Best Practice*是一种提供临床决策信息的全新概念。我们将最新的研究证据、指南和专家意见整合，以标准结构显示，其中涵盖了诊断、预后、治疗和预防等各个方面。*Best Practice*能使您无需查阅繁多的资料而迅速获得第二种观点。它独有的以患者为立足重心的治疗通道(approach)体现了临床决策信息的一个重大突破。

浏览和搜索

您可以使用各种不同的方法通过浏览功能来查找信息，您也可以使用全文搜索。如下图所示，浏览和搜索功能可以在包括主页在内的任何一个页面找到。

1 可以使用搜索框进行免费文本搜索

The screenshot shows the BestPractice search interface. At the top, there's a navigation bar with tabs for Clinical Evidence, 患者教育 (Patient Education), 药物数据库 (Drug Database), and Help. Below the navigation bar is a search bar with the word "asthma" typed into it. To the right of the search bar is a "Search All" button. On the left side of the interface, there's a sidebar with a tree view of categories: 全部疾病 (All Diseases), 分析 (Analysis), 视频 (Videos), Allergy and immunology, Cardiothoracic surgery, Cardiovascular disorders, Critical care medicine, Dermatology, Ear, nose and throat, Emergency medicine, Endocrinology and metabolic disorders, Gastroenterology and hepatology. To the right of the sidebar is a main content area displaying a list of search results for "asthma". The results include: AAT deficiency, Abdominal aortic aneurysm, Abdominal pain in pregnancy (Assessment of), Abdominal pain, chronic (Assessment of), Abdominal wall defects, Abetalipoproteinaemia, Abnormal Pap smear, ABPA, Abruptio placentae, Abscess, anorectal, Abscess, breast. At the bottom of the content area, there's a "关闭浏览器" (Close browser) button.

2 通过字母检索浏览全部内容

3 点击站点内的任一处“浏览疾病(Browse condition)”即可进入浏览操作

4 通过疾病类型(分析评估或者综述)或者广泛的临床分类来进行浏览

The screenshot shows the BestPractice homepage. At the top, there's a navigation bar with tabs for Clinical Evidence, 患者教育 (Patient Education), 药物数据库 (Drug Database), and Help. Below the navigation bar is a search bar with the word "asthma" typed into it. To the right of the search bar is a "Search All" button. The main content area features the BestPractice logo and a large image of a person's hand. Below the image, there's a brief description of what Best Practice is: "Best Practice is a completely new concept in decision-support information. It combines the latest research evidence from Clinical Evidence with peer reviewed expert opinion and guidelines. Structured around the patient consultation, it covers diagnosis, prognosis, treatment and prevention. Your instant second opinion." Below the description are links for Purchasing options, Take a tour, Free trial, Sample content, and Getting started. At the bottom, there's a "from BMJ|Evidence Centre" link.

搜索结果

搜索结果自动排列并且允许显示与您搜索的内容类型最接近的结果。

5 通过使用标签来对内容类型进行精确搜索

The screenshot shows the search results page for "asthma". At the top, there's a navigation bar with tabs for Clinical Evidence, 患者教育 (Patient Education), 药物数据库 (Drug Database), and Help. Below the navigation bar is a search bar with the word "asthma" typed into it. To the right of the search bar is a "Search Best Practice" button. The main content area shows a list of search results with filters at the top: 全部结果 (619), 疾病 (13), 诊断 (165), 治疗 (145), 证据 (81), 药物数据库 (0), 指南 (22). The results list includes: 1. 疾病: Occupational asthma (精粹 | 基础 | 预防 | 诊断 | 治疗 | 随访 | 文献资料). 2. 疾病: Asthma in adults (精粹 | 基础 | 预防 | 诊断 | 治疗 | 随访 | 文献资料). 3. 疾病: Acute asthma exacerbations (精粹 | 基础 | 预防 | 诊断 | 治疗 | 随访 | 文献资料). 4. 疾病: Acute asthma exacerbation in children (精粹 | 基础 | 预防 | 诊断 | 治疗 | 随访 | 文献资料). 5. 治疗: Occupational asthma > Treatment > Details > patient education, environmental control, and asthma medications. 6. 证据: Asthma in adults > Clinical Evidence > Chronic asthma treatments. 7. 证据: Asthma in adults > Clinical Evidence > Acute asthma treatments. 8. 分析与评估: Assessment of chronic cough (精粹 | 基础 | 诊断 | 文献资料).

6 迅速帮助导航可以提供链接直接进入不同分类的文章

7 内容的类型会清楚地显示在搜索结果上

专题概述：分析评估和疾病

评估专题提供对关键临床症状诊断和如何使用诊断测试和步骤的详细指导。

- 1 关于急诊的信息
- 2 有关于如何进行诊的详细信息
- 3 把不同的诊断按照发生频率和类型分类
- 4 点击以扩展链接到附加信息

The screenshot shows the BestPractice interface for the 'Assessment of chronic cough' topic. At the top, there's a navigation bar with links for Clinical Evidence, 患者教育 (Patient Education), 药物数据库 (Drug Database), and Help. The main title is 'Assessment of chronic cough'. Below the title, there are two main sections: '急诊' (Emergency) and '诊断' (Diagnosis). The '急诊' section has a sub-section '急诊' with '应急考虑' (Emergency Considerations). The '诊断' section has a sub-section '诊断' with '诊断步驟' (Diagnostic Steps) and '鉴别诊断' (Differential Diagnosis). A '文献资料' (Literature) section follows, containing links like '参考文献' (References), '图像' (Images), and '网址资源' (Web Resources). At the bottom, there are several buttons for interacting with the page: '添加备注' (Add Note), '添加为书签' (Add to Bookmarks), '加入至Learning计划' (Add to Learning Plan), '分享' (Share), '反馈' (Feedback), '打印' (Print), and '电子邮件' (Email). A sidebar on the right lists 'Common' conditions and provides a link to 'see our comprehensive coverage of Asthma in adults'.

专题概述：分析评估和疾病

疾病概述包括对患有该疾病的患者的完整管理信息，包括背景信息、预防和预后信息。

连续的、易于使用的内容菜单实现了在概述内部的导航功能。这个菜单提供快速转入其它部分的跳转并可迅速进入相关内容。

- 1 顶部的导航条使得概述内部的各个部分之间可以轻易跳转
- 2 点击各个最为接近的部分可找到最精确的信息
- 3 灰色的标题说明这篇文章之后没有相关内容的链接
- 4 “综述”页面提供了诊断和治疗部分的精粹(highlight)

The screenshot shows the BestPractice interface for the 'Asthma in adults' disease overview. At the top, there's a navigation bar with links for Clinical Evidence, 患者教育 (Patient Education), 药物数据库 (Drug Database), and Help. The main title is 'Asthma in adults'. Below the title, there are several tabs: '基础' (Basic), '预防' (Prevention), '诊断' (Diagnosis), '治疗' (Treatment), '随访' (Follow-up), and '文献资料' (Literature). The '基础' tab is currently selected. The '预防' tab has sub-options '一级预防' (Primary Prevention) and '二级预防' (Secondary Prevention). The '诊断' tab has sub-options '病史与检查' (History and Examination), '鉴别诊断' (Differential Diagnosis), '诊断步骤' (Diagnostic Steps), '诊断标准' (Diagnostic Criteria), and '诊断指南' (Diagnostic Guidelines). The '治疗' tab has sub-options '具体方法' (Specific Methods), '治疗步骤' (Treatment Steps), '新疗法' (New Therapies), '治疗指南' (Treatment Guidelines), and '证据' (Evidence). The '随访' tab has sub-options '推荐' (Recommendations), '并发症' (Complications), and '预后' (Prognosis). The '文献资料' tab has sub-options '参考文献' (References), '图像' (Images), and '网址资源' (Web Resources). A sidebar on the left lists 'Key factors' and 'History & exam details'. A large central area contains detailed information under the tabs: 'History & exam', 'Diagnostic tests', and 'Treatment details'. The 'History & exam' section includes a 'Key factors' table and a 'History & exam details' section. The 'Diagnostic tests' section includes a '1st tests to order' table and a 'Tests to consider' table. The 'Treatment details' section includes tables for 'Ongoing' (all patients), 'Acute' (step 1: mild intermittent and exercise induced asthma, step 2: mild persistent), and '长期' (long-term management).

专题概述：疾病

诊断和治疗信息都清楚并容易找到。用户没有必要拖动滚动条查阅全文—用户完全可以根据需要扩展或者隐藏详细信息。

- 1 点击查看可获得的全部插页页面列表
- 2 我们的资讯来源包括参考资料(有摘要和/或全文链接)、影像(完全可用并与文本结合显示)和更详实的在线资源
- 3 国际机构以及地方机构对于疾病的恰当治疗指南都详细列出
- 4 对这个主题的相关患者的插页进行分析评估
- 5 点击“显示全部”来查看全部可用文本
- 6 点击扩展/隐藏信息

The screenshot shows the Best Practice interface for 'Asthma in adults'. The main content area includes sections for History & examination and Risk factors, each with expandable sections. A sidebar on the left lists various topics like Clinical Evidence, Best Practice, and Reference Materials. Numbered callouts point to specific features: 1 points to the sidebar menu, 2 points to the Reference Materials section, 3 points to the Diagnostic Factors section, 4 points to the Risk Factors section, 5 points to the 'Show all' button, and 6 points to the expandable sections in the History & examination and Risk factors panels.

专题概述：证据

*Best Practice*对疾病治疗的陈述都是基于BMJ Evidence Centre的最新证据。Clinical Evidence是世界上最值得信任的经过同行评价的医学研究信息来源。来自Clinical Evidence的适当的内容都直接进入*Best Practice*的专题中。

- 1 Clinical Evidence大全
- 2 点此链接可进入Clinical Evidence对于治疗方案的成效和危害的详细文章
- 3 对于治疗有效性的清晰总结

The screenshot shows the Best Practice interface for 'Asthma in adults'. It displays a summary of treatment effects for chronic asthma, categorized into Beneficial, Likely to be beneficial, and Unknown effectiveness. Numbered callouts point to specific features: 1 points to the Clinical Evidence link, 2 points to the detailed article on treatment effects, and 3 points to the summary table.

定制功能

Best Practice 提供的定制功能可以对内容进行个性化操作，以满足您的需要。

- 1 只需申请‘My Best Practice’帐号，便能使用以下的定制功能

- 保存搜索结果
- 远程访问
- 使用您的移动电话访问
- 添加个人笔记

- 2 拥有17种语言的标题和导航功能

- 3 在Best Practice的专题概述中添加个人笔记

- 4 在常参考的部分打上书签

- 5 若有BMJ Learning的帐号，可以把需要的部分加入到BMJ Learning Plan中

The screenshot shows the Best Practice software interface. At the top, there's a navigation bar with '药物数据库' (Drug Database) and 'Help'. Below it is a search bar with 'Search Best Practice' and a 'Search All' button. The main content area has several tabs: '预防' (Prevention), '诊断' (Diagnosis), '治疗' (Treatment), '随访' (Follow-up), and '文献资料' (Literature). A blue arrow points to the '治疗' tab. Below these tabs are buttons for '添加备注' (Add Note), '添加为书签' (Add to Bookmark), and '加入至Learning计划' (Add to Learning Plan). To the right, there's a sidebar with user information ('Signed in as: Djui-Lyn Chng Institution:'), a 'Logout' link, and various links for '我的Best Practice', '我的机构', 'Update your details', 'Athens users sign in here', 'Shibboleth users go here', 'BMJ Product Training & Support', 'Recommend Best Practice to your institution', 'Recommend Best Practice to your friend', 'News feeds', and 'FREE MOBILE & REMOTE ACCESS' with a mobile phone icon.

医学院和医院可以上传本院特定的治疗或诊断指南

Best Practice 移动电话版本

使用您的‘My Best Practice’帐号和密码进入Best Practice移动电话版
只需在移动电话的浏览器中输入bp.bmjjgroup.mobi,
随后填入帐号和密码即可登陆



如果有疑问，请联络：

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